

## Cancer Ayur Talk Series - Part I

I am Dr. Zacharia Jacob, Director and chief Physician of Athulya Ayurvedic Medical Research Centre, Mundikkal Thazham, Calicut. Here, I am very happy to share my views and observations regarding cancer. It is presented as cancer Ayur talk series. Today's first part covers an introduction about cancer to the viewers.

Cancer is known as Arbhuda in Ayurveda. Cancer is the most discussed and researched modern medical subject in the world. Still discussions and researches are going on relentlessly without any concrete conclusions.

Why cancer is important to us because there is no 100% cure. Its psychological, Sociological and economic impact on every individual patient and the society are very threatening.

Now let us examine the claims of Ayurveda and where it stands. In Charaka and Susrutha samhithas the epidemiology and treatment of arbhudha are not vividly documented. Many links are missing. So, there is enough scope for research in cancer treatment in ayurveda.

There are six types of Arbhuda ( V,P,K, Rekhta, Mamsa and Medhas). One should bear in mind that there are many other diseases like Vidhradhi, gulma and Dhadhugathajwara have similar epidemiology and prognosis of Arbhuda. But they are not cancerous ( benign).

## Cancer Ayur Talk Series - Part II

### Epidemiology and prognosis:

In modern medicines the epidemiology and prognosis of cancer are extensively studied. But in the vedic periodic this subject not extensively studied and recorded

In ayurveda, the epidemiology and prognosis are explained as five different stages

निदानं पूर्वरूपाणि रूपाण्युपशयस्तथा ।  
संप्राप्तिश्चेति विज्ञानां शेषाणां पञ्चता स्मृतम् ॥

All the five stages of Nidhanam, Poorvarupa, Upasayasthatham, Samprapthi are mentioned in the following verses.

गात्रप्रदेशे क्वचिदेव दोषाः समूर्च्छिता मांसमभिप्रदूष्य ।  
वृत्तं स्थिरं मन्दरुजं महान्तमनल्पमूलं चिरवृद्धयपाकम् ॥१३॥  
कुर्वन्ति मांसोपचयं तु शोफं तमर्बुदं शास्त्रविदो वदन्ति ।

This means that free disposing factors cause to create impure V, P, K, mamsa, medasa. These humors are formed systemic or exogenous cyst, plaque or nodes which gradually become malignant. There are classifications of Athyrbhudha and dwirarbhudham. Recurrence of tumors in the same spot is called Athyrbhudham. In dwirarbhudham two tumors are formed.

## Cancer AyurTalk Series Part -III

### Definition, Hypothesis, Epidemiology and Prognosis of Arbhudha:

A New definition of cancer (arbhudha) has been reported in 1998 at the World Ayurveda Congress (Jacob 1998). Arbhudha can be defined as a deficiency syndrome expressed as allergic manifestation wherein predisposing complaints of impure V, P, K Rektha, Mamsa, Medhasa develop primarily benign and painless spherical or deep rooted plaques. This gradually spread and form excruciating pain

This hypothesis is expressed mathematically taking consideration of nidhana, poorva rupa, rupa, upasaya and samprapti of the disease.

To arrive at the above hypothesis four main aspects have been considered. They are

1. Balanced metabolic activities.....BMA
2. Imbalanced metabolic activities.....IMBA
3. Maladhoshas formed from thridhosha and dhadhus
4. Presence of factor k

ie:  $IMBA \propto 1/BMA$

ie:  $IMBA = k/BMA$

ie: Where k is the balancing constant

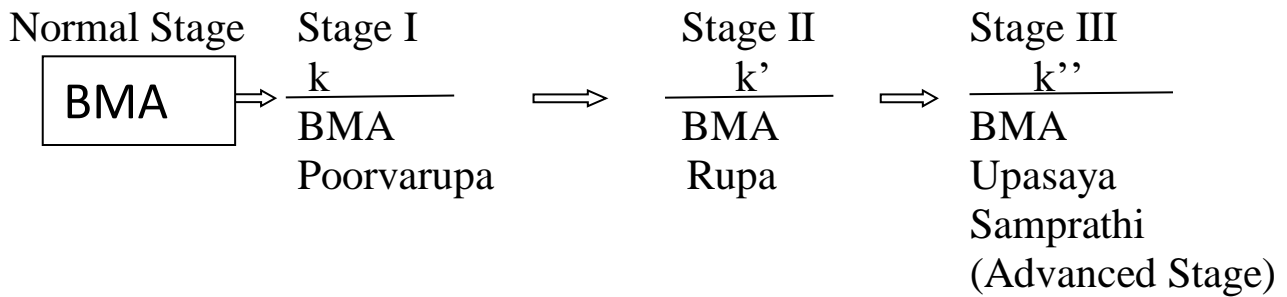
Therefore k is a function of IMBA

$k/BMA$ .....(primary stage-Poorva rupa)

$k'/BMA$ .....(Secondary stage-Rupa)

$k''/BMA$ ....(Advanced stage-Upasaya and samprapti)

Therefore the prognosis of the disease can be expressed as follows.



Immunologically all normal individuals have sufficiency of all factors needed to fight against allergenicity and all the maladoshas are excreted very clearly.

In cancer patients are insufficient of factors to fight against allergenicity and Maladhoshas are not excreted properly.

In primary stage patients the body acts defensively against the allergenicity in the form of elevated temperature, gas, high density fluids and maladhoshas are excreted through urine, Sweat and stool.

All Cancer patients are allergic to any one of the materials or more like drugs, chemicals, radiation, food items, microbes etc and develop allergenicity (Maladhoshas) and the disease prognosis. From Stage I to III.

## Cancer Ayur Talk Series Part –IV

### Ayurvedic Cancer therapy an overview

In general, there are curable (Sadhya) and incurable (asadhya) diseases. Arbudha caused by vata, pita, kapha, mamsa and medas are curable (Sadhya) but raktharbudha is incurable (Asadhya)

Now a days sadhya arbudha turns to Krichra sadhya because of apathya ahara and viharas and wrong management of treatment.

Sadhya arbudhas become asadhya due to improper management and treatment. Here apathya ahara and Vihara are the causative factors

Treatments are of two types viz- Samana Chikithsa and Sodhana chikithsa. Sodhana chikithsa are little aggressive and this is followed by samana chikithsa.

The general line of treatments are sodhana chikithsa ( Panchakarma), Dhatwagni chikithsa ( Correction of metabolic defects), Rasayana Prayoga (Immuno therapy), Vyadhi Prathyaneeka Chikithsa (anticancer drugs), Lakshaneeka chikithsa (Symptomatic treatment) and Sashthra chikithsa (surgical treatment).

Whatever may be the line of treatment, patient should be treated physically, psychologically and spiritually (counseling).

" भिषग् द्रव्याण्युपस्थाता रोगी पादचतुष्टयम् ।  
चिकित्सितस्य निर्दिष्टं प्रत्येकं तच्चतुष्टयम् ॥ "

Bhishag (Doctor), Dravya (medicines), Upastha (nurse) and Rogi (patient) are the four factors in treatment.

## Cancer Ayur Talk Series Part –V

### SJ 29 Therapy for cancer cure

SJ 29 is a devine medicine invented by Dr. Zacharia Jacob in 1993. Since1995, this medicine prepared in traditional manner was given to hundreds of patients, resulting in unbelievable cure, extension of life span and relief of pain and sufferings. This invention was something not less than a miracle to everybody

Unique potential of SJ 29

1. It selectively kills cancer cells without affecting normal ones.
2. It produces absolutely no side effects or toxicity to patients
3. It is prepared from natural ingredients only. It does not contain any artificial chemicals or materials.
4. It is curative as well as prophylactic
5. It is palliative too in primary, secondary and advance stage patients.
6. No such medicine with the unique properties for treatment of cancer is reported in the history of medical sciences.

Based on the good results, many supportive medicines were also developed. Protocols were also developed to treat any cancer patient at any stage of the disease.

SJ 29 is prepared in the form of drop concentrate and ointments. Internal administration of drops is done before food consumption

Table : 1 Dose and use of SJ 29 drop concentrate

Age	Dose (diseased condition)	Dose (Prophylactic condition)
Up to 1yr	1 drop daily	1 drop each for 3 months or more
1-5yr	1 to 2 drops each daily	1 or 2 drops each daily for 3months or more
5 -10yr	2 or 3 drops each daily	2 drops each daily for 3 months or more
10 – 15 yrs	3 drops each two times daily	3 drops each daily for 3 months or more
15 yr and above	5 drops each two times or three times daily	5 drops each daily for 3 months or more

\*A minimum of Hb 9% should be maintained in all SJ 29 administered patients.

The drop concentrate is given to the patients according to the age and intensity of the disease. Hb % should be maintained around 9 by giving suitable iron supplements. No drops should be administered to patients whose Hb % is less than 9. In some cases supplementary medicines also should be administered for other bodily complaints, symptomatically and logically.



## Cancer Ayur Talk series Part- VI

### Why SJ 29 as preventive and prophylactic medicine for cancer ?

We have witnessed cure of cancer in many patients. It is a natural medicine and produces absolutely no side effects or toxicity. We have also seen that it selectively kills the cancer cells without affecting the normal ones. Another unique property of SJ 29 is its palliative nature in primary, secondary and advanced patients. Because of these above reasons SJ 29 is very safe and healthy to consider it as a preventive medicine cancer. We have seen many cancer risky people who had SJ 29 live without any problems for many years. Here are many references of Sarcoma, lung, colorectal, breast, ovary, prostate, brain, Lymphoma cancer patients who have cured with SJ 29 therapy and continuing SJ 29 alone for many years ( in some case more than 10 years). detoxification for prevention in cancer risk individuals.

In AAMRC, organ specific detoxification followed by biochip therapy and supportive medicines and ayurvedic diet program are arranged for cancer detoxification.

## **Cancer Ayur Talk Series part VII**

Cancer Phobia-

Allert ! Solutions on your finger tips!

Ref.Link: <https://www.youtube.com/watch?v=ZhflXiDuFHs>

Cancer Phobia triggers fear of death. This phobia develop instantaneously like an electric shock when one realize that he is positive for cancer. It, also happens to some chronic patients who do not get desired result of cure or relief even after prolonged treatment. In such cases, the clever physician, to satisfy his ego, declare the disease as a doubtful case of cancer with a big question mark on the records. Here the doctor has already sown the seeds of death fear and then patient fall into the unhealthy clutches of medical industry.

It is worthwhile to mention some of the behavioral pattern of cancer phobia patients. These patients look helpless and sorrowful counting the days. Primary stage (Poorva rupa), disease risk individuals and recovering patients hide their fear of death. But they will have problems of insomania, loneliness and never feel happy with joyful things and pleasantries.

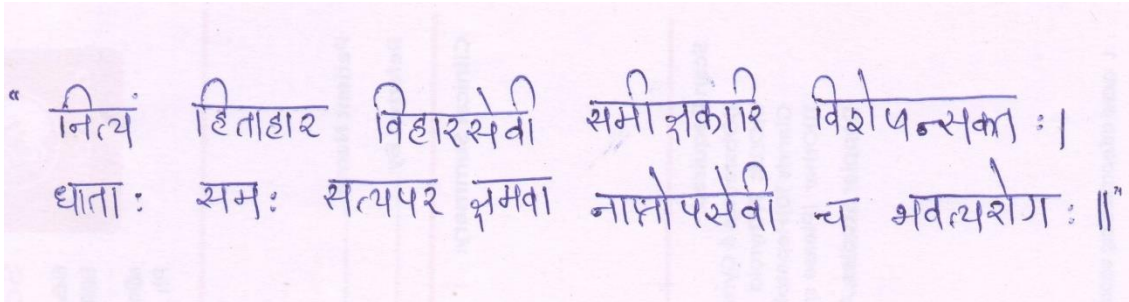
## Hey ! Here is the solution

AAMRC has developed a solution to clear the impasse. This solution has different procedural steps, viz, counseling, detoxification and rejuvenation using supportive medication and dieting. The most important thing is that SJ 29 is administered as prophylactic medicine. This gives big moral boost up and feeling of wellness in all patients

In a television interview in News world India, Safar kamyabi Ka Programme on 23<sup>rd</sup> December 2017(<https://www.youtube.com/watch?v=ZhfLXiDuFHs>), telecasted how to prevent cancer have been narrated in different 4 steps

1. Simple breakfast
2. Meals once a day only
3. Take SJ 29 Drops before food
4. No food after 6PM. If required take fruits only

Besides the above, everyone should remember the following verses for maintenance of healthy condition without diseases



“ नित्यं हिताहार विहारसेवी समीक्षकारि विशेषन्सकाः ।  
धाताः समः सत्यपर क्रमवा नाप्तोपसेवी च अवत्यशोगः ॥”